

Dear General Practitioner,

Your patient presenting to you today has applied to study the **Diploma of Nursing (Enrolled) HLT54115** at Canberra Institute of Technology (CIT).

We seek your help in addressing the following entry requirements for the course:

1. CIT insurers require a letter from a General Practitioner attesting to the student’s fitness to undertake nursing duties at the time of course commencement. Any pre-existing injuries should also be included in this letter. The clearance letter must relate to any pre-existing injuries and the current health of the student. Please see over the page.
2. Students with a current Workers Compensation claim or injury will be required to inform CIT and present a letter from their treating Medical Specialist.
3. Students are also required to comply with the ACT Health “*Student and Trainee Clinical Placement Policy*” and the NSW Health Policy “*Occupational Assessment, Screening and Vaccination against Specified Infectious Diseases*”; and show documented evidence of their immunisation status.

**Immunisation:**

The following DOCUMENTED EVIDENCE (please provide batch numbers dates and/or serology results) are required for each student to ensure compliance with both ACT and NSW Health’s requirements for Clinical Placement:

Disease	Evidence of vaccination	Documented serology results	Notes
<b>Diphtheria, tetanus, pertussis (whooping cough)</b>	One adult dose of pertussis-containing vaccine (dTpa) <sup>1</sup>  <b>Do not use ADT vaccine as it does not contain the pertussis component</b>	Serology will not be accepted	
<b>Hepatitis B</b>	History of completed age-appropriate course of hepatitis B vaccine  <b>AND</b>  Not “accelerated” course <sup>2</sup>	Anti-HBs greater than or equal to 10mIU/mL  <b>or</b>	Documented evidence of anti-HBc, indicating past hepatitis B infection
<b>Measles, mumps, rubella (MMR)</b>	2 doses of MMR vaccine at least one month apart  <b>or</b>	Positive IgG for measles, mumps and rubella <sup>3</sup>  <b>or</b>	Birth date before 1966
<b>Varicella (chickenpox)</b>	2 doses of varicella vaccine at least one month apart (evidence of one dose is sufficient if the person was vaccinated before 14 years of age)  <b>or</b>	Positive IgG for varicella <sup>3</sup>  <b>or</b>	History of chickenpox or physician-diagnosed shingles (serotest if uncertain)
<b>Tuberculosis (TB)</b>  <i>*See note below for information on persons requiring TST screening</i>	<b>Not applicable</b>	<b>Not applicable</b>	Tuberculin skin test (TST)
<b>Influenza</b>	Annual influenza is strongly recommended but not mandatory		

Your assistance in this enrolment process is appreciated.

Yours sincerely,  
**Linda Willington**  
Nursing Coordinator  
Diploma of Nursing

**Charissa Hayward**  
Clinical Placement Coordinator  
Diploma of Nursing

**Doctor's letter of fitness:**

During the CIT Diploma of Nursing course, students are required to work in a simulated learning environment and complete 11 weeks of clinical placement in a variety of health care facilities across the ACT and NSW.

This requires the student to be both physically and psychologically fit to undertake nursing duties. Examples of the duties students will be required to complete during the course include but are not limited to:

**Manual handling techniques:**

- Transferring a client from bed to chair and vice versa using manual handling equipment
- Assisting a client to ambulate – this may include wheelchairs, shower chairs, walking frames, crutches etc.
- Moving clients in the bed
- Positioning/active and passive exercises
- Bed making/sponging/showering
- Basic life support e.g. initiate CPR according to organisation procedures.

Please sign, date and stamp below verifying that the student is fit to perform nursing duties.

A separate letter is required listing any information regarding pre-existing conditions, and /or any workers compensation.

**Student Name:** \_\_\_\_\_

**Doctor Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Doctor Provider Number:** \_\_\_\_\_

**Stamp:**